

CERTIFICATE COURSE IN DRAMATHERAPY

Samutthāna, the King's College London Resource Centre for
Trauma, Displacement and Mental Health, Sri Lanka.

Drama Therapy is defined by the National Association for Drama Therapy (USA) as the systematic and intentional use of drama/theatre processes to achieve the therapeutic goals of symptom relief, emotional and physical integration, and personal growth. It is an active, experiential approach to psychotherapy that involves the use of role play, improvisation, psychodrama, storytelling, mask work, puppetry and performance to facilitate personal exploration, change and healing.

PROGRAM DIRECTORS:

Dr. Janet LeValley : Cross-cultural Psychologist, Psychotherapist, Hypnotherapist, Researcher, Manang (shaman, Iban tradition), Author, American Academic with 15 + years in Asia (India, Borneo, and Sri Lanka).

Nivendra Uduman: Consultant Psychologist for Samutthana - King's College Centre, Colombo, and Researcher on Playback theatre.

Ravindra Ranasinha : Researcher, Practitioner & Author on Dramatherapy, Educationist, Counselor and Consultant in India and Sri Lanka.

AIMS & EXPECTATIONS:

The aim of this course is to provide an introduction to the field of dramatherapy and the theories and principles involved in its practice. The course will give more weight to practical work in conducting dramatherapy sessions and research.

Course learning will come in two forms: theoretical (through readings and class lectures) and experiential (by participating in demonstration exercises in class). It is expected that students will, therefore, keep current with assigned readings, engage actively in class lecture and discussion, and participate fully in dramatherapy demonstrations.

FOR WHOM:

This course is particularly for psychologists, counselors, expressive therapists, relief workers, social workers, youth workers, doctors, rehabilitation support staff, psychology/counseling students, anyone with a background deemed by the program directors to put the candidate in a position to benefit from this program and be able to apply the learning responsibly and professionally.

COURSE DETAILS:

FEE	-	Rs. 20,000/-
DURATION	-	6 months
CONTACT HOURS	-	Tuesdays, 4 pm to 7 pm
DATE OF COMMENCEMENT	-	28 th October 2014
MEDIUM	-	English

CONTACT:

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